

PRESS RELEASE

FOR INTEGRA TELECOM



FOR IMMEDIATE RELEASE



community
matters
AN INTEGRA TELECOM PROGRAM

Investing in the lives of the people we serve.

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INTEGRA TELECOM SPONSORS TELECOMMUNICATIONS FOR THE JERRY LEWIS MDA TELETHON

*Telecom Provider Supplies Phone and Internet Service for
Telethons in Seven States*

Portland, Ore. – Sept. 11, 2009 – [Integra Telecom Inc.'s Community Matters](#) program, which supports initiatives and organizations that benefit the lives of the people in the communities Integra serves, donated telecommunication services and support to seven local Labor Day broadcasts of Jerry Lewis MDA Telethons. Integra supported telethons in: Denver, Minneapolis, Phoenix, Salt Lake City, Seattle, Reno, Nev., and Portland, Ore., donating nearly \$76,000 in telephone and Internet service and support to the Muscular Dystrophy Association.

“Integra Telecom is proud to once again be part of the Jerry Lewis MDA Telethons and to help raise funds and awareness for the Muscular Dystrophy Association,” [said Dudley Slater, CEO of Integra Telecom](#). “At Integra, we work hard to better our communities both through our business as well as through community outreach. The telethon was a perfect opportunity to increase the health and well-being of our communities, using resources that we know best – telephones and the Internet.”

As the official telecommunications sponsor of the MDA Telethon, Integra Telecom donated telephone equipment, local, long distance and Internet service and on-site technician support for each of the seven telethons. Additionally, one hundred and forty Integra associates and family members served as phone bank volunteers for a portion of the telethons.

This year marks the company’s seventh year as the MDA Telethon’s telecom sponsor.

About the MDA

The [Muscular Dystrophy Association](#) is a nonprofit voluntary health agency working to defeat muscular dystrophy and related diseases through programs of worldwide research, comprehensive services, and far-reaching professional and public health education. The

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Association's programs are funded almost entirely by individual private contributors. More information is available at: www.mda.org.

About Integra Telecom

Integra Telecom Inc. provides voice, data and Internet communications to thousands of business and carrier customers in 11 Western states, including: Arizona, California, Colorado, Idaho, Minnesota, Montana, Nevada, North Dakota, Oregon, Utah and Washington. The company owns and operates a best-in-class fiber-optic network comprising metropolitan access networks, a nationally acclaimed Internet and data network, and a 4,700-mile high-speed long haul network. The company has earned some of the highest customer loyalty and customer satisfaction ratings in the telecommunications industry. Integra Telecom and Electric Lightwave are registered trademarks of Integra Telecom Inc. For more information, visit www.integratelecom.com.

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